

# Introduction to Gluten Intolerance and Celiac Disease



Currently, it is estimated that 1:100 Americans has celiac disease. Of those, only 3% have been diagnosed. Are you one of the 97% undiagnosed?

Nadine Grzeskowiak, RN, CEN presents the basics of gluten intolerance & celiac disease and what it means to lead a gluten free lifestyle. Gluten free goodies provided.

Change your diet and finally feel better!

Cost: \$25

Register: 602-1065 or [Nadine@GlutenFreeRN.com](mailto:Nadine@GlutenFreeRN.com)

More info: [www.GlutenFreeRN.com](http://www.GlutenFreeRN.com)

